

Weller Health Education Center

Bully Busters

Healthy Relationships series
45 minute, outreach program
Grades 1 - 3

Course Description

This anti-bullying program stresses the importance of creating a safe zone within their school. Through a fun and interactive game, students will practice identifying different types of bullying and learn strategies to deal with a bully.

Objectives

1. Define the term bullying and give two examples.
2. List four reasons why people might bully.
3. Demonstrate two strategies to deal with a bully.

The **Healthy Relationship** series also includes these outreach programs:

Buster's Barnyard Buddies, grades Pre-K – 1
Team Self-Esteem, grades 3 – 5
Mean Streets, grades 5 – 6
Relationship Building Blocks, grade 6
Big Changes, Big Choices, grades 6 – 8
Trading Places, grades 6 – 8
Relationship Know How's, grade 7
Relationship Risks, grade 8
Who Do You Trust?, grades 8 – 12
Relationship Respect, grade 9
Toxic Relationships, grades 9 – 12