

Weller Health Education Center

Smokin' Joe's Gotta Go

Healthy Choices series

45 minute, outreach program

Grades Pre-K - 2

Course Description

Smokin' Joe and his puppet friends explain the negative effects of tobacco use on the body. During a fun activity, children learn how smoking damages the lungs, teeth, and heart. The dangers of secondhand smoke will also be discussed.

Objectives

1. Name three parts of the body affected by tobacco.
2. Explain how the teeth are affected by smoking.
3. Understand the dangers of secondhand smoke.

PA Standards

Health, Safety and PE Standards:

- 10.1.3.B Identify and know the location and function of the major body organs and systems
- Circulatory
 - Respiratory
- 10.1.3.D Know age-appropriate drug information
- Healthy/unhealthy risk-taking
 - Skills to avoid drugs

Cross Curricular Opportunities

Science:

- 3.1.3.A.2 Describe the basic needs of living things and their dependence on light, food, air, water, and shelter.

Reading, Writing, Speaking and Listening:

- 1.3.PK.C Identify literary elements (characters and events) in stories.
- 1.6.PK.A Listen attentively and respond in conversation.
- 1.6.K.A Listen and respond appropriately to others in small and large group situations.
- 1.6.1.A Listen actively and respond to others in small and large group situations with appropriate questions and ideas.
- 1.6.2.A Listen actively and respond to others in small and large group situations.
- Respond with grade level appropriate questions, ideas, information, or opinions.

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1.6.PK.B Speak in simple sentences. Share experiences when asked.

1.6.K.B Speak clearly enough to be understood by all audiences using appropriate volume.

The **Healthy Choices** series also includes these outreach programs:

Drugs: Choice or Chance, grades 3 – 5

Myth Busting, grades 6 – 8

In the NO, grades 9 – 12