

Weller Health Education Center

Toxic Relationships

Healthy Relationships series
45 minute, outreach program
Grades 9 - 12

Course Description

This engaging program involves student-centered discussions about the aspects of healthy and unhealthy relationships. Through the use of captivating video, students identify the warning signs of dating violence and practice making positive choices about dating and friendships.

Objectives

1. Define the term relationship.
2. Differentiate between a healthy versus an unhealthy relationship.
3. List two potential consequences of “sexting.”

The **Healthy Relationships** series also includes these programs:

Buster’s Barnyard Buddies, grades Pre-K – 1
Bully Busters, grades 1 – 3
Team Self-Esteem, grades 3 – 5
Mean Streets, grades 5 – 6
Relationship Building Blocks, grade 6
Big Changes, Big Choices, grades 6 – 8
Trading Places, grades 6 – 8
Relationship Know How’s, grade 7
Relationship Risks, grade 8
Who Do You Trust?, grades 8 – 12
Relationship Respect, grade 9