

# Weller Health Education Center

## Trading Places

**Healthy Relationships series**  
**45 minute, outreach program**  
**Grades 6 - 8**

### Course Description

*Students explore what it means to be empathetic. Through interactive activities, compelling video clips and discussions students will challenge themselves to become more tolerant.*

### Objectives

1. Define empathy and tolerance and the importance of each.
2. Understand how assumptions affect social interactions.
3. Identify three things that influence prejudice and discrimination.

The **Healthy Relationships** series also includes these outreach programs:

Buster's Barnyard Buddies, grades Pre-K – 1

Bully Busters, grades 1 – 3

Team Self-Esteem, grades 3 – 5

Mean Streets, grades 5 – 6

Relationship Building Blocks, grade 6

Big Changes, Big Choices, grades 6 – 8

Relationship Know How's, grade 7

Relationship Risks, grade 8

Who Do You Trust?, grades 8 – 12

Relationship Respect, grade 9

Toxic Relationships, grades 9 – 12