

# Weller Health Education Center

## Who Do You Trust?

### Healthy Bodies and Healthy Relationship series

45 minute, outreach program

Grades 8 - 12

### Course Description

*A straightforward and honest presentation about the choices students make regarding sexual contact. Sexually-Transmitted Infections (STIs) along with other consequences will be discussed.*

### Objectives

1. Understand the difference between HIV and AIDS.
2. List three modes of HIV transmission.
3. Describe three possible consequences of sexual activity.
4. Know the likelihood of contracting an STI.

### PA Standards

*Health, Safety and PE Standards:*

- 10.1.9.A Analyze factors that impact growth and development between adolescence and adulthood.
- Relationships
  - Interpersonal communication
  - Risk factors
  - Abstinence
  - STD/HIV prevention
  - Community
- 10.1.12.A Evaluate factors that impact growth and development during adulthood and late adulthood.
- Acute and chronic disease
  - Communicable and non-communicable diseases
  - Health status
  - Relationships
- 10.1.12.B Evaluate factors that impact the body systems and apply protective/preventative strategies.
- Health status (e.g., physical, mental, social)
- 10.1.9.E Analyze how personal choice, disease and genetics can impact health maintenance and disease prevention.

### Cross Curricular Opportunities

*Reading, Writing, Speaking and Listening:*

- 1.6.8,8-12.A Listen critically and respond to others in small and large group situations.
- Respond with grade level appropriate questions, ideas, information, or opinions.

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## RELA Lesson Ideas

1.5.9-12.A Write with a clear focus, identifying topic, task, and audience.

1.4.8.C Write persuasive pieces:

- Include a clearly stated position or opinion.
- Include convincing, elaborated and properly cited evidence.
- Anticipate and counter reader concerns and arguments.

1.4.9.C Write persuasive pieces:

- Include clearly stated position or opinion.
- Organize topic ideas and appeals in a sustained and effective fashion.
- Clarify questions with precise and relevant evidence, including facts, expert opinions, quotations, expressions of commonly accepted beliefs, and logical reasoning.

1.4.10.C Write persuasive pieces:

- Organize ideas and appeals in a sustained and effective fashion.
- Use specific rhetorical devices to support assertions, such as appealing to logic through reasoning; appealing to emotion or ethical beliefs; or relating a personal anecdote, case study or analogy.
- Clarify and defend positions with precise and relevant evidence.

1.4.11.C Write persuasive pieces:

- Organize ideas and appeals in a sustained and effective fashion.
- Use specific rhetorical devices and persuasive strategies to support assertions.
- Clarify and defend positions with precise and relevant evidence, including facts, expert opinions, quotations, expressions of commonly accepted beliefs, and logical reasoning.

1.4.12.C Write persuasive pieces:

- Use rhetorical strategies (e.g., exposition, narration, description, argumentation, or some combination thereof) to support the main argument or position.

Grade 8-12: There are many myths about HIV and AIDS. Write a letter to the editor explaining the truths about the disease and how people can make positive choices to avoid coming in contact with the virus.

Grades 10-11: You've been asked to help develop a program for your peers that explains the dangers of early sexual behaviors. What information and approach should be used to get the point across? Explain how you would inform your peers so that they can make a positive decision about sexual contact.

Grade 12: You are in a relationship and are being pressured to be sexually active. You know the risk involved but need to persuade your partner that this is something that should wait. Using what you have learned from the Weller Center presentation, develop a dialogue between you and your partner.

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The **Healthy Bodies** series also includes these outreach programs:

- Dental Detectives, grades Pre-K – 1
- Handful of Healthy Habits, grades Pre-K – 1
- Kids in Motion, grades 1 – 3
- Odorology, grade 4
- Life Begins, grades 5 – 6
- Body Smarts, grades 5 – 7
- Big Changes, Big Choices, grades 6 – 8
- NoBody's Perfect, grades 6 – 10
- Stress Less, grades 6 -12
- Better Start Early, grades 9 – 12

The **Healthy Relationship** series also includes these outreach programs:

- Buster's Barnyard Buddies, grades Pre-K – 1
- Bully Busters, grades 1 – 3
- Team Self-Esteem, grades 3 – 5
- Mean Streets, grades 5 – 6
- Relationship Building Blocks, grade 6
- Big Changes, Big Choices, grades 6 – 8
- Trading Places, grades 6 – 8
- Relationship Know How's, grade 7
- Relationship Risks, grade 8
- Relationship Respect, grade 9
- Toxic Relationships, grades 9 – 12